



National Youth Sports

FUTSAL RULES

Attire:

1. Shin guards are mandatory and must be worn under socks.
2. Jerseys must be tucked into shorts.
3. No hats, jewelry, or cleats are allowed.

Field

1. The field size should be a full basketball court or arena.
2. Goal Size is 8x5
3. All players not playing the game must be five yards behind the sidelines.

Game Length

1. Tiny Tots: (2) 10 min halves; 4-5 & 6-7 y/o: (4) 8 minute quarters; 8-14 y/o: (4) 10 min quarters
2. 3 minute half time
3. No Time outs (exception- injury or safety concern)

Futsal Rules Simplified

1. If the rule is not addressed, assume the laws of play are the same as outdoor.
2. 5 + a Goalie- per team on the court at once.
3. Unlimited flying substitution; i.e. players can re-enter the game as many times without notifying the referee. This includes goalkeepers.
4. There is no offside.
5. Side-line kick ins; The ball is placed on the side line and kicked to another player.
6. For a goal to be scored, all of the ball has to be over the line.
7. A goal cannot be scored from a kick-in unless it touches another player.
8. Goalkeeper can throw the ball over the half-way line on the full.
9. Goalkeeper throws the ball in (instead of a goal kick) unless he/she saves it, then it can be drop kicked, punted, thrown, or dribbled.
10. Goalkeeper has 4 seconds time limit to control the ball in general play unless he/she is in the opposition's half of the court
11. Goalkeepers are not allowed to pick up a back pass from any of their team players.
12. Once the goalkeeper has released the ball from his/hers possession he/she cannot receive it back unless it has been over the half-way line or touched by an opposing player. This is called two touch – indirect free-kick against
13. Goalkeepers can make “flying substitutions” without waiting for stoppage in play.
14. No slide tackling or rough play. Dangerous play is never allowed.
15. A player can score a goal directly from a corner.
16. Should the ball hit the ceiling, the opposing team restarts play with a kick-in.
17. The second penalty mark is 10 meters from the goal line.
18. Players are allowed anywhere on the court.

***Any questions regarding these rules, please contact the Site Directors at the facility.